

As part of Queensland Seniors Month celebrations 2023 we invite you to...

SENIORS CONNECT 2023

Wednesday 18 October, 10am-12pm



Where

Noosa Seniors
11 Wallace Drive, Noosaville

Noosa Seniors is located in Wallace Park, alongside the Noosaville Library and Leisure Centre.



Connect

And find out about local services, programs and activities for seniors in our community!

FREE ENTERTAINMENT

Fabulous tunes by Mood Swings.

FREE MORNING TEA & SAUSAGE SIZZLE

Information for You

Noosa Seniors Provides information and advice on accessing their services; in home support, respite, social activities and art/craft sessions. Learn more about our wellness programs and fall prevention classes, podiatry, transport, carer support, home maintenance and modifications and more!

Noosa Library Service Discover what your local library has to offer, and take-home free flower seeds from the Noosa Seed Library!

Noosa Leisure Centre Provides access to a range of activities to keep you fit including group fitness classes and social ball sports. Come and Try Pickleball - live demonstration!

Wellways Carer Gateway Offers FREE supports and services for carers such as; counselling, coaching, peer support & emergency respite.

OTHER SERVICES AVAILABLE ON THE DAY:

Footprints Community - Care Finders, Relationships Australia Queensland, Sage Care Advice, Services Australia and the Noosa Women's Shed & Community Gardens, U3A Noosa, ADA Australia, Synapse - Australia's Brain Injury Organisation, Sage Care Advice, Noosa Parks Association.

Contact us via Noosa Seniors
www.noosa.qld.gov.au/seniors or
Phone (07) 5329 6175 for more information